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June 2024

It's summer in Salt Lake City's Foothills Natural Area and we have plenty of exciting seasonal highlights to share with you.

What's Blooming in the Foothills

Foothills Rangers are taking note of all the beautiful blooms along our trails. This month you can find the following flowers (and more) showing off along the Bonneville Shoreline Trail (BST) and its many connecting trails. Learn where to find the best blooms in our wildflower blog post.

Many of our [Park Rangers](#) are also plant lovers and are happy to answer your questions about what's blooming, what's invasive and unwanted, and where to get the best wildflower views.

As always, please take only photos of the wildflowers so they can be enjoyed by other trail users and can seed and regrow next year!



Blue Flax
Linum lewisii
Utah Native Wildflower

Blue Flax is a Utah native wildflower with light blue to bright blue 5-petaled flowers on thin, flexible stems. Blue Flax has a number of culinary and medicinal uses and can currently be found blooming along the Victory Road switchbacks, along the BST in West City Creek, and even at [9 Line Bike Park!](#)



Stream Orchid
Epipactis gigantea
Utah Native Wildflower

Stream Orchids grow near water (as you may have guessed) and are the most abundant orchid in North America. They can be found as far south as Central Mexico and as far north as British Columbia. Here in the Foothills they are blooming along the Wagner Spring Loop.

[Read Our Wildflower Blog](#)

Bonneville Shoreline Trail Restoration

Hikers and bikers please take note: the section of the Lower City Creek Loop trail from the Bonneville Boulevard trailhead to the BST/Lower City Creek Loop junction is now open and is designated **FOOT TRAFFIC ONLY**. Bikers please use the newly extended BST trail access 400 feet south of the Lower City Creek Loop trailhead on Bonneville Blvd.

Bike traffic headed east on the BST should remain on the BST and not turn left onto the Lower City Creek Loop section of trail. **ALL TRAIL USERS** please be cautious and aware of trail crossing at Bonneville Blvd. Be aware of oncoming traffic and cross the road with caution. New crosswalk signage and safety resources will be on site soon at the Bonneville Blvd. crossing.



Learn more about this project and view a map [HERE](#).

Be W.I.L.D. and Help Stop the Spread of Invasive Weeds in the Foothills

Did you know you can help prevent noxious weeds from spreading? One of the ways invasive weeds spread is by hitching a ride on tires, clothing, shoes, and pets.

Help "Limit Your Impact" by cleaning plant matter, mud, and any other debris off your tires, pedals, shoes, clothing, and pets before heading on or off a trail. Additionally, learn about the [noxious weeds of Salt Lake County](#) and how to identify them, or just target one or two and remove them when you see them on your local trails (except [Myrtle Spurge](#), which has toxic sap and should only be handled by the pros).

"Limit Your Impact" is one of the 4 parts [Be W.I.L.D.](#), which helps us learn responsible ways to care for our outdoor spaces and community.

- [Welcome](#)

- Inclusive Spaces
- Limit Your Impact
- Do What You Can



Dyer's Woad
Isatis Tinctoria
Invasive species

[Learn More About Invasive Weeds](#)

The Foothills Team at Work on the Trails

For the first time ever we have a dedicated maintenance team caring for our Foothills trails. Thanks to funding from the City, our team has grown to include two full-time Natural Resource Technicians, three seasonal maintenance staff, and a part-time communications specialist.

With more than **35+ miles of trails** and 2,000+ acres of open space to manage, our team has been busy! We have been clearing trail corridors of invasive weeds before they go to seed and spread even further into the foothills, choking out native species of grasses and flowers.

Our team can use your help! Please consider joining us in removing invasive weeds at an upcoming volunteer event.



Teams trimming Dyer's Woad on the Bonneville Shoreline Trail

Join Us at a Volunteer Event

More Updates from the Foothills

Click the links below to learn more about these ongoing projects.

[Trailhead Improvement Projects](#)

[Rocky Mountain Power Wildfire Mitigation Project](#)

[Bonneville Shoreline Trail Restoration Project](#)

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